

The Sacrament of Penance

The penitent kneels in the accustomed place and says:

Bless me, Father, for I have sinned.

The priest responds:

MAY the Lord be in thy heart and upon thy lips, that thou mayest worthily confess all thy sins; In the Name of the Father, and of the ✠ Son, and of the Holy Ghost. *Amen.*

The penitent confesses:

I confess to God Almighty, to all the Saints, and to thee, Father, that I have sinned very much in thought, word, deed, and omission, by my own great fault. Since my last confession, which was (*here tell the priest when it occurred*), when I received absolution and performed my penance, I have committed these sins: (*here confess specific sins*). For these and all my other sins which I cannot remember, I am very sorry. I will try to do better, and I humbly ask pardon of God; and of you, Father, I ask for penance, advice, and absolution. Amen.

The priest may address a few words to the penitent and enjoin a penance; then he shall say:

ALmighty God have mercy upon thee, forgive thee thy sins, and bring thee to everlasting life. *Amen.*

THE Almighty and merciful Lord grant thee pardon, ✠ absolution, and remission of thy sins. *Amen.*

MAY the Passion of our Lord Jesus Christ, the merits of his holy Mother the Blessed Virgin Mary, and of all the Saints, together with whatsoever good thou hast done, or evil thou hast endured, be unto thee the forgiveness of sins, the increase of grace, and the reward of eternal life: And the blessing of God Almighty, the Father, the ✠ Son, and the Holy Ghost, be upon thee and remain with thee always. *Amen.*

Go in peace, the Lord hath put away all thy sins. And pray for me, a sinner.